

Miramont Family Medicine Standing Orders

The following orders may be initiated by non-physician personnel for the following patient complaints, either from a patient or family, or from a nursing facility, in order to facilitate coordination of care:

Medication Refills

Routine medications may be approved for additional refills beyond the original prescription by Miramont's pharmacy tech or Medical Assistant for up to 6 months at patient request as long as the following conditions are met:

1. Narcotics (including tramadol), benzodiazepines, antibiotics, stimulants or ADD medications, and sleep aids must be approved by provider.
2. The patient must have been seen within the last 6 months.
3. The length of prescription refill will not extend the supply beyond 6 months since the last patient visit.
4. If a patient has not been seen in 6 months, or the refill will extend the length of the prescription beyond 6 months from the last patient visit, a one-time refill for 30 days is authorized, and the patient must be seen by a provider within 30 days.
5. Medication refills of more than 6 months must be approved by provider.

Routine Physical Exams - draw labs for a patient's physical no more than 1 week prior to their appointment.

If any of these labs have been run within 3 months, draw the blood but do not run unless ordered by provider.

Run or send out, according to the patient's insurance, the following labs, if they have not been done within the past 3 months:

CBC

CMP

Lipid panel

TSH

UA with micro if indicated

Hemoccult (over 40)

A1C (if diabetic or glucose is high on today's testing)

Urine microalbumin (if diabetic and not done in the past year)

PSA (if male over 45 and not done within one year)

Free T4 (if hypothyroid diagnosis in chart or TSH is abnormal on today's testing)

Uric Acid (if diagnosis of gout)

Diabetes Checks

Run or send out, according to the patient's insurance, the following labs for diabetic checks, if not done in the specified time-frame:

A1C (every 3 months)

BMP (every 6 months)

Lipid (every 6 months)

Urine microalbumin (yearly)

Foot Exam (every visit)

Gout

Run or send out, according to the patient's insurance, the following labs

Uric Acid

CBC

Hyperlipidemia

Run or send out, according to the patient's insurance, the following labs for hyperlipidemia checks, if not done in the specified time-frame:

Lipid (every 3 months)

LFT (every 6 months if on prescription medication except Lovaza or WelChol)

Possible Fracture

Check for normal sensation and capillary refill if it is an extremity. If patient has decreased sensation or more than 3 second capillary refill, notify provider immediately. If sensation and capillary refill are good, stabilize the affected area with splint or pillow and then order x-ray.

Chest Pain

Run or send out, according to the patient's insurance, the following labs:

CBC

CMP

STAT In-House SOB Panel on all insurances (CKMB, Myoglobin, Troponin, D. Dimer, BNP)

EKG

Place on 2L of oxygen, or oxygen greater than 2L as needed to raise O2 sat above 93%

Chest x-ray

Have nitroglycerin and non-coated aspirin 325 mg available

Notify provider of chest pain patient if patient is currently having chest pain, or place next in line to be seen.

Abdominal Pain

Run or send out, according to the patient's insurance, the following labs:

CBC

CMP

Amylase

Lipase

UA

Check temperature

3-way abdominal x-ray

Shortness of Breath

Run or send out, according to the patient's insurance, the following labs:

CBC

CMP

STAT In-House SOB Panel on all insurances (CKMB, Myoglobin, Troponin, BNP, D. Dimer)

Place on 2L of oxygen, or oxygen greater than 2L as needed to raise O2 sat above 93%

Check respiration rate

Check peak flow

Check pulse ox

Check temperature

Chest x-ray

Back Pain

UA

Assess for x-ray

Patient to be in gown for exam

Acute Confusion

Run or send out, according to the patient's insurance, the following labs:

CBC

CMP

UA (if elderly)

Perform Mini-Mental Status Exam and place in door for provider to review

Dizziness/Syncope

Run or send out, according to the patient's insurance, the following labs:

CBC

CMP

UA

Orthostatic Vitals

EKG

Check temperature

Check pulse ox

Lacerations

If active arterial bleed, apply pressure to wound and notify provider immediately

Clean with baby shampoo in water, or hydrogen peroxide in water

Set up a laceration kit on mayo stand

Get out local anesthetics and choice of suture material

Assess for Tetanus immunization and give if due

Flu Shots

During flu season each year, Medical Assistants may give patients over the age of 6 months an influenza shot at dose included in the vaccine directions if:

- They have not had one in the past 12 months
- They are not allergic to eggs, and have had no adverse reactions to influenza vaccine in the past
- Children under the age of 18 have consent of their parents

Sore Throat

Rapid Strep

Temperature

Fever/Body Aches

Rapid Flu

Temperature

Huddles

Each day the MAs will huddle with their provider prior to clinic and gather any necessary information prior to the patient's appointment.

Standing Orders signed by:

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