

HIGH PLAINS COMMUNITY HEALTH CENTER
STANDING ORDERS

Standing orders may be executed by any medical assistant, LPN, RN, trained patient facilitator, or any other health center staff functioning in the preceding capacity.

For High Plains CHC patients with **diabetes**, the following labs are needed:

1. Hemoglobin A1c 3-4 times a year, at least three months apart.
2. Blood sugar at every visit.
3. Fasting lipid panel at least once a year.
4. Complete metabolic panel at least twice a year.
5. If the most recent microalbumin is negative and more than 12 months old, or if the patient has never had a microalbumin done, obtain a urine specimen this visit for protein, and if negative, also test for microalbumin.
6. Foot inspection at every visit.
7. LEAP once a year.

For High Plains CHC patients with **hypertension**, the following labs are needed:

1. Complete metabolic panel at least twice a year.
2. Fasting lipid panel at least once a year.

For High Plains CHC patients with **COPD**:

1. Baseline Spirometry in patients with COPD and then every 1 yrs.
2. Pulse oximetry on every visit for patients with COPD.

For High Plains CHC patients with **Asthma**:

1. Pulse oximetry at every visit.
2. Peak flows at every visit.
3. Spirometry at baseline and then every 1 yrs.

For High Plains CHC patients who are here for their 1 and 2 year old well child exams:

1. Lead Screenings to be done at 1 and 2 years.

For High Plains CHC patients with **Depression**:

1. PHQ-9 on all patients between the ages 18 and 64, annually with well exam.
2. Geriatric depression scale in patients 65 and older, annually.
3. Twice a year for the following diagnosis:
 - a. DM, HTN, CAD, Chronic pain, those on mood altering drugs (anticonvulsants or antidepressants)
 - b. If two consecutive scores less than 5, ok to do it annually.

Health Fair Labs

CBC, TSH, PSA, CMP, and fasting Lipid panel. These specific health fair labs do not have to be ordered by a provider, and may be done as long as the patient has been seen in the last three years by a High Plains Provider.

Immunization:

Influenza vaccination each flu season, unless contraindicated.

Pneumovax for all patients over age 65 yrs if not contraindicated. Based on CDC recommendations for patients under age 65 yrs.

Wayne Hudson, DO

1-25-11

Signed by Wayne Hudson, DO

Medical Director of High Plains CHC