**HIGH PLAINS COMMUNITY HEALTH CENTER**

***STANDING ORDERS***

Standing orders may be executed by any medical assistant, LPN, RN, trained patient facilitator, or any other health center staff functioning in the preceding capacity.

For High Plains CHC patients with **diabetes**, the following labs are needed:

1. Hemoglobin A1c 3-4 times a year, at least three months apart.
2. Blood sugar at every visit.
3. Fasting lipid panel at least once a year.
4. Complete metabolic panel at least twice a year.
5. If the most recent microalbumin is negative and more than 12 months old, or if the patient has never had a microalbumin done, obtain a urine specimen this visit for protein, and if negative, also test for microalbumin.
6. LEAP foot exam once a year.
7. Foot inspection at every visit.

For High Plains CHC patients with **hypertension**, the following labs are needed:

1. Complete metabolic panel at least twice a year.
2. Fasting lipid panel at least once a year.

For High Plains CHC patients with **COPD:**

1. Baseline Spirometry in patients with COPD and then every year.
2. Pulse oximetry on every visit for patients with COPD.

For High Plains CHC patients with **Asthma:**

1. Pulse oximetry on every visit for asthma.
2. Spirometry at baseline and then every year.

For High Plains CHC patients with **Depression**:

1. PHQ-2 on all patients between the ages 18 and 64, annually with well exam.
2. Geriatric depression scale in patients 65 and older, annually.
3. PHQ-9 twice a year for the following diagnosis:
   1. DM, HTN, CAD, Chronic pain, those on mood altering drugs (anticonvulsants or antidepressants)
   2. If two consecutive scores less than 5, ok to do it annually.

For High Plains CHC patients in need of **vaccinations**:

1. Administer immunization according to ACIP Immunization Schedule

For High Plains CHC patients in need of monitoring **Warfarin and Coumadin Therapy:**

1. PT/INR

**In House Labs** include Rapid Strep Test, Rapid RSV Test, Rapid Flu Test, UA, Pregnancy Test, Lead, Hemoglobin, Pertussis Nasal Wash, and all other LabCorp Testing.

**Health Fair Labs** include CBC, TSH, PSA, CMP, and fasting Lipid Panel. These specific health fair labs do not have to be ordered by a provider. They may be done as long as the patient has been seen in the last three years by a High Plains Provider or as part of an outreach or worksite wellness event.

**Immunization:**

Influenza vaccination each flu season, unless contraindicated.

Prevnar and Pneumovax for all patients over age 65 years, if not contraindicated. Based on CDC recommendations for patients under age 65 years.

**Cancer Screening:**

Fit Test for all patients age 50-75 every year.

Mammogram order for all patients over age 40-49 every year to two years.

Mammogram order for all patients over age 50-75 every year.

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Signed by Wayne Hudson, DO (Medical Director of High Plains Community Health Center) Date